



## As a person journeys through life, there surely seems to be several documents to sign and decisions to make along the way

Some of the most important decisions or documents include a

- **Power of Attorney (POA)** - a written agreement that allows you to appoint a person to manage your legal and financial affairs if you become unable to do so.
- **POLST** - a form, signed by your physician, that records your treatment wishes so emergency personnel know what treatments you want (or don't want) in the event of a medical emergency.
- **Health Care Directive** – a written document you write that informs others of your wishes about your health care.

### **Do you have all three of these decisions or documents completed?**

We have experts ready to share more information about each of the three documents/decisions listed above.

#### **Thursday, May 5, 6:30-7:30 p.m., Hosanna Chapel**

**“Decisions and Documents: Where Does One Begin?”** – this class will be taught by elder law attorney Mary Frances Price. Among the very important topics she will cover will be how to pursue a written Power of Attorney agreement.

#### **Thursday, May 19, 6:30-7:30 p.m., Hosanna Chapel**

**“Honoring Choices”** – this class will be taught by advanced care planning expert and liaison, Sheila Johnson. She will include instruction on how to pursue a POLST with your doctor, as well as how to complete a Health Care Directive form.

**Both classes are FREE, and in order to have plenty of handout materials for all, we ask you and your loved ones to register**

**BY MAY 1 with Concierge, 952-435-7199**